

THE SLIEVE AUGHTY EXPERIENCE, GALWAY

ENCHANTED FOREST



**CALLING ALL PATIENTS ON A LOW PROTEIN
DIET TO JOIN US FOR AN ENCHANTING
MORNING AT THE SLIEVE AUGHTY CENTRE**

AGENDA:

- 10:30 - 10:45 Welcome and registration
- 10:45 - 11:00 Nutricia product and service update
- 11:00 - 12:00 Children: face painting, arts and crafts
Parents: relax and share ideas/experiences
with each other
- 12:00 - 12:30 Children and adults are free to explore the
self-guided nature trails and magic within
the enchanted forest (warm clothing and
wellies are recommended)

Refreshments will be provided during the morning but we recommend that you bring a suitable low protein lunch if you plan to spend the afternoon exploring the magic within the forest



Slieve Aughty Centre
Kylebrack West, Loughrea
Co. Galway

11th September 2016

To book your place contact the
Nutricia Events Coordinator
on 1800 300414 or email
events.ireland@nutricia.com



NUTRICIA
Metabolics
Inspiring Futures

If you would like further information contact
the event organiser on Freephone 1800
923535 or email karen.greer@nutricia.com

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GETTING THERE

Slieve Aughty is situated in the West of Ireland, approx 45 minutes drive from Galway City and 15 minutes drive from Loughrea

Directions from Loughrea: From the M6 follow the signs for Loughrea. At the second roundabout take the exit to Loughrea Town Centre. Go straight ahead at the traffic lights, then turn left at the T-junction. Pass the Loughrea Cathedral on your right and turn right at the roundabout on to the R351 (Woodford Road) south from Loughrea (Loughrea Lake will be on your right as you leave town).

After approx 10km you will see the The Hill Bar on your left; take the next right turn at the 4-way junction. Drive a further 5km and take the first left at the white house. The road is small and narrow so don't let that fool you! Drive another 1km, you will find the car park on the left (opposite the stables).

Directions from Woodford: Take the R351 North 11km toward Loughrea. Turn left at the 4-way junction in Kylebrack. Drive a further 5km and take the first left at the white house. The road is small and narrow so don't let that fool you! Drive another 1km, you will find the car park on the left (opposite the stables).

Please RSVP by 4th September
to the Nutricia Events Coordinator
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